

CTP TRAINING PROGRAM SEMINAR

2026-2027

The Centre for Training in Psychotherapy offers in Canada a full program for training psychodynamic psychotherapists

Reading With Mari Ruti

CP-003-RWMR

CTP - SEMINAR

(30) hours

Lecturer: **Cathleen Hoskins & Kristin Casady**

Location: CTP

Prerequisite: Clinical Phase

Reading with Mari Ruti.... Mari Ruti was a remarkable contemporary thinker, steeped in psychoanalysis, philosophy and issues of intersectionality. She was born in rural Finland, and before her death in June 2023, she was distinguished professor of critical theory and of gender and sexuality studies at the University of Toronto. Her many books explore questions of purpose and meaning in human existence and the connection between loss and creativity — themes central to psychodynamic theory and practice. Later in her career, Mari Ruti also published books expressive of Gadamer’s idea of “genuine conversation”. She and a “partner in thought” (Amy Allen or Gail Newman) would explore two theorists normally thought to be worlds apart, and through their dialogue, the thinking partners would slowly discover fresh paths of interconnected meaning beyond the usual descriptions. Klein and Lacan, for instance. Or Milner and Winnicott. Following along this dialogic path, Kristin and Cathleen have chosen to co-facilitate this seminar, having read Ruti’s work both alone and together, bringing Ruti’s thought into conversation with other psychoanalytic and philosophical thinkers. For CTP clinicians-in-training, Ruti’s work is philosophically and practically foundational. Her work can help students clinically re-think: - the implicit rescue fantasy many students bring into training - what therapeutic goals and objectives might mean - the difference between symptom relief and deeper transformation. - Possible main texts (we’re still deciding) include: *A World of Fragile Things: Psychoanalysis and the Art of Living* (2009); *The Singularity of Being: Lacan and the Immortal*

Within (2012); *The Call of Character* (2013); *Critical Theory Between Klein and Lacan: A Dialogue* (2019); and *The Creative Self: Beyond Individualism* (published posthumously in 2025).

The seminar, limited to 10 participants, will meet monthly in person at CTP, September 2026-June 2027, Sundays, 1:00 – 4:00 pm. A final paper on a relevant topic of the student's choice will be required.

CRPO Competencies

This course contributes to developing the following competencies:

- 1.1 Integrate a theory of human psychological functioning.
- 1.2 Work within a framework based upon established psychotherapeutic theory.
- 1.3 Integrate knowledge of comparative psychotherapy relevant to practice.
- 1.4 Integrate awareness of self in relation to professional role.
- 1.5 Integrate knowledge of human and cultural diversity.
- 2.1 Use effective professional communication.
- 2.2 Maintain effective relationships.
- 2.3 Contribute to a collaborative and productive atmosphere.
- 3.2 Apply an ethical decision making process.
- 3.3 Maintain self-care and level of health necessary for responsible therapy.
- 3.4 Evaluate and enhance professional practice.
- 4.2 Establish and maintain core conditions for therapy.
- 4.3 Ensure safe and effective use of self in the therapeutic relationship.
- 4.5 Structure and facilitate the therapeutic process.
- 5.1 Remain current with professional literature.
- 5.2 Use research findings to inform clinical practice.