



CTP TRAINING PROGRAM SEMINAR **2025-2026**

The Centre for Training in Psychotherapy offers in Canada a full program for training psychodynamic psychotherapists

Clinical Applications of Psychotherapy – Semester 3 **CP-003-CA3**

CTP – SEMINAR

(30) Hours

Instructor: Susan Wood, BA (Hons)

Location: The Centre for Training in Psychotherapy
21 Randolph
Toronto, On

Time: Fridays 6:00 to 8:00 Weekly for One Semester
Begins September

Prerequisites: Clinical Applications Semesters 1 & 2

Course Description

Semester 3 of Clinical Applications is designed to deepen and integrate the student's understanding of the context that registered psychotherapists work in and their responsibilities within that context.

A therapist typically works alone in a room with clients, but outside the room there is an expanding context which sometimes supports the therapist and sometimes the therapist is responsible to. This context includes:

- Training Institute for student therapists
- Supervisors, clinical and peer
- Professional colleagues, professional associations and ongoing professional education
- Interprofessional colleagues, institutions and agencies
- The College of Registered Psychotherapists of Ontario (CRPO)



- Ministry of Health and Long Term Care of Ontario
- Municipal, Provincial and Federal laws

The therapist is responsible for working safely and effectively with clients and these levels of relationship outside of the therapy room are there for support and accountability.

In semester 3 the student will deepen understanding of:

- Safe and effective use of self
- How therapist self-care impacts the therapy
- Professional Practice and Jurisprudence for Registered Psychotherapist
- Professional Practice Standards for Registered Psychotherapists
- Working with human diversity in therapy practice
- Psychopharmacology and Psychotherapy practice (advanced)
- Working with serious disorders and when to refer
- Conducting effective risk assessments (advanced)
- Interprofessional Collaboration and the circle of care
- Writing reports and communicating effectively and professionally
- Psychotherapy and legal issues
- Professional Ethics
- Entering the CRPO

Course Objectives

By the end of Semester 3 (30 hours) students should:

1. Have a thorough understanding of their responsibilities to themselves, their clients and the broader context within which they practice.
2. They will have a more complex, deeper recognition of the impact they have on their clients and their responsibility for this.
3. They will have further developed therapeutic skills such as recognizing and working knowledgeably and respectfully with diversity, risk assessment, identifying and working with serious disorders, and recognizing medications taken by clients and the impact of these medications on the client and the therapy. These are skills which enhance their ability to work safely and effectively.
4. They will understand their role in the circle of care and their responsibility to communicate clearly and respectfully with colleagues.
5. They will have learned how to communicate clearly and respectfully both orally and in written form.
6. They will be well-grounded in their knowledge of the legal framework they work within, the oversight it provides and how to participate in it.



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