



Centre for Training in Psychotherapy
21 Randolph Avenue, Suite 200
Toronto, Ontario, M6P 4G4
416 - 964 - 3690

CTP TRAINING PROGRAM SEMINAR **2024-2025**

The Centre for Training in Psychotherapy offers in Canada a full program for training psychodynamic psychotherapists

Reading With Butler, Rose, Bakó & Zana CP-003-RW

CTP - SEMINAR

(30) hours

Lecturer: **Cathleen Hoskins**

Location: Sunday 1:00 – 4:15 Monthly
Begins September 29 2024

Prerequisite: Clinical Phase or Concentration may be taken in the 3rd year if the student has completed the Foundation Phase of the program but has not entered the Clinical Phase of the CTP program.

Course Description

I welcome you to read and discuss three books that engage our thinking about collective crises in and outside our consulting rooms, focusing especially on the traumatic residue of the Covid-19 pandemic, shared by both therapist and patient. At the centre of each of these works is the idea of precarity, both human and of the more-than-human.

I offer these writings not as answers but as openings into more questionings. If in some ways psychotherapy is always engaging “the inside of the outside” of human existence, the world issues that daunt and then haunt us personally and globally are always freely in association with the most intimate unfoldings of both therapist’s and patient’s singular inner worlds. Therapy arises in the inevitable intertwine of singular and plural. And in the act of therapy, “precarious” literally cognates with “care”.



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As we read together, we will also consider the clinical relevance of these issues. For instance, how does the shared trauma of Covid still impact our sense of relationships and community? How do we avoid dissociating from or getting trapped in collective trauma? What are the psychodynamics energizing the fears and losses we experience? How does collective trauma activate psychoemotional inheritances from past generations?

We'll read Judith Butler's *What world is this? A pandemic phenomenology* (Columbia, 2022); Jacqueline Rose's *The plague: living death in our times* (FS&G, 2023) and *Psychoanalysis, Covid and mass trauma* (Routledge, 2023) by Thiamér Bakó and Katalin Zana.