

## CTP TRAINING PROGRAM SEMINAR 2022-2023

The Centre for Training in Psychotherapy offers in Canada a full program for training psychodynamic psychotherapists

### Reading With Mari Ruti, Anne Dufourmantelle and Galit Atlas

CP-003-RW

CTP - SEMINAR

(30) hours

Lecturer: **Cathleen Hoskins**

Location: Online  
Sunday 1:00 – 4:00 Monthly  
Begins September 2023

Prerequisite: Clinical Phase

#### **Reading With...**

#### **Mari Ruti, Anne Dufourmantelle and Galit Atlas**

This is a reading and conversation seminar. I have chosen one book by each of these thinkers for us to discuss together.

**Mari Ruti** was born in rural Finland and is distinguished professor of critical theory and of gender and sexuality studies at the University of Toronto. Her book, *A World of Fragile Things: Psychoanalysis and the Art of Living* (State University of New York Press, 2009) explores questions of purpose and meaning in life and the connection between loss and creativity — themes central to psychodynamic psychotherapy.

**Anne Dufourmantelle** was a French psychoanalyst and philosopher who wrote several books on the intertwine of life and psychotherapy. She died in 2017 in an attempt to save two children from drowning. We'll read her 2013 book in translation, *Power of Gentleness: Meditations on the Risk of Living* (Fordham University Press, 2018). Anyone who reads French fluently will have the benefit of the original, *Puissance de la douceur* (Éditions Payot & Rivages).

**Galit Atlas**, who grew up in Israel of Turkish-Syrian parentage, is a psychoanalyst in New York City known for her writings on gender, sexuality and desire. Her latest book, *Emotional Inheritance: A Therapist, Her Patients, and the Legacy of Trauma* (Little, Brown Spark, 2022), provides a powerful introduction to the inevitable resonances of transgenerational trauma in the work of psychotherapy.

We will spend three seminar meetings discussing each book, in the order listed above, and a final meeting gathering our thinking about all three.

The seminar, which will meet online monthly, September 2023 - June 2024, 1 - 4 pm, is limited to 10 participants.