



Centre for Training in Psychotherapy
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CTP TRAINING PROGRAM SEMINAR **2020-2021**

The Centre for Training in Psychotherapy offers in Canada a full program for training psychodynamic psychotherapists

CTP - SEMINAR

(30) hours

Lecturer: **Adam Crabtree**

Location: 20 Prince Arthur Avenue
Toronto

Prerequisite: Clinical Phase, Concentrations may be taken in the 3rd year if the student has completed the Foundation Phase of the program but has not applied for acceptance into the Clinical Phase of the CTP program

Creative Catastrophe: Learning from Jung's Split from Freud. Emotional Transformation Through Life-Shifting Adult Trauma

The split between Freud and Jung was traumatic for both, but more so for Jung. However, instead of letting it ruin his career, he found the means and the help to turn it into a momentous transformation. Many adult traumatic experiences have the potential for a similar turn around in fortunes. Jung himself described its effects in videos available on YouTube. His friend Laurens van der Post, also talked about this in interviews. This concentration will use specially chosen YouTube videos by these two men and others as a starting point for exploring how some version of this process is available to everyone. It shows us that by and large people underestimate the depth of inner human potential and the extent of inner human resources available to us all.

In our time of world trauma, both therapist and client struggle to use this opportunity to grow. This is an evolutionary moment, a time for the advancement of the human spirit at large. In this we can learn from Jung. He transformed the traumatic experience into a fertile bed for psychological innovation.