



Centre for Training in Psychotherapy
21 Randolph Avenue, Suite 200
Toronto, Ontario, M6P 4G4
416 - 964 - 3690

CTP TRAINING PROGRAM SEMINAR **2020-2021**

The Centre for Training in Psychotherapy offers in Canada a full program for training psychodynamic psychotherapists

Diversity ... Access Through Film and Writing

CTP – Concentration/Seminar
(30) hours

Lecturer: **Sharon Bedard**

Location: Bertmount Ave
Toronto

Prerequisite: Clinical Phase, Concentrations may be taken in the 3rd year if the student has completed the Foundation Phase of the program but has not applied for acceptance into the Clinical Phase of the CTP program

Diversity ... Access Through Film and Writing

Seminar or Concentration - This course can be used **as a Seminar or as a Concentration** following on Diversity as it is addressed in the Intersubjectivity lectures.

This course will focus on diversity through film as it introduces and reflects aspects of experience that we as an individual may not share. There will be a film selected for each seminar. There will be some room for film suggestions from those students who take the seminar, as part of our work together will be to develop a film library that can act, much as theory does, to orient us to our work. As practitioners we offer a number of intersectional experiences amongst us, and this will help us all reflect on the lives of our clients from a more open and informed stance.

Our self-reflective capacity will be enhanced by an additional effort to develop critical consciousness – which we will explore in the seminar. Film as a visual medium offers us a unique opportunity to engage in the work of Directors from



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across the world and to understand film as something other than a brief visual narrative. I offer the following quote by Asghar Farhadi: “[D]irectors can no longer be content with force-feeding [audiences] a set of preconceived ideas. Rather than asserting a world vision, a film must open a space in which the public can involve themselves in a personal reflection, and evolve from consumers to independent thinkers.”

<https://www.rogerebert.com/cast-and-crew/asghar-farhadi>

Appropriate articles will help frame our approach to each film and to each other.

What I hope we can accomplish is an immersion in experiences outside our usual ken. An important aspect of the seminar will be the reflective process of writing. Writing is meant to be an access point to our own experiences of what the film exposes us to, churns up in each of us, and asks us to try and recognize. It is meant to refine a discipline of writing that you are already engaged in.

A selection of films will be offered as the course proceeds. Some initial orienting articles will be provided during the summer.

Dates and Times : the days will be Saturdays 10:00 – 1:30, approximately once a month, specific dates will be sent.

Location: Depending on the size – my home. 78 Bertmount Ave., Toronto.

Email : sbedard-1@rogers.com

Sharon Bedard

April 2020