

CTP TRAINING PROGRAM CONCENTRATIONS

The Centre for Training in Psychotherapy offers in Canada a full program for training psychodynamic psychotherapists

Psychotherapy & Attachment Theory

CP-003-PAT

CTP - SEMINAR

(30) hours

Lecturers: **Kristin Casady**
Eric Evans

Location: CTP 21 Randolph
Monthly, 10 Meetings: Saturdays, 1:00 - 4:00, 21 Randolph

Prerequisite: Clinical Applications 1 & 2 Completed & 3 Years of CTP Psychotherapy Training Group – Graduate or CAPT Member¹

In marked contrast to many psychoanalytic theories, Attachment theory as developed by John Bowlby and Mary Ainsworth, is grounded in research and thus a coherent and consistent theory was created that now has influenced much of current psychodynamic thinking. What Attachment theories point to has been called the bedrock from which other psychodynamic theories spring. Thus, standing behind developmental and relational difficulties in many of our clients' lives are experiences of chronic misattunement, neglect, or abuse. These experiences form the basis of patterns of attachment, stored as internal working models.

This course considers the theoretical and clinical implications of working from an attachment-informed perspective in therapeutic practice.

The format will be monthly seminar presentations and a final paper.

¹ CAPT members must be interviewed by the faculty members presenting the Concentration/Seminar