

## CTP Lecture Reading List 2018-2019

### Contents

<b><i>Freud and Beyond</i>, eds. Margaret Black and Stephen Mitchell (1995).....</b>	<b>2</b>
<b>Pre-Freudian Psychodynamic Psychotherapy .....</b>	<b>3</b>
<b>Sigmund Freud – Part 1 .....</b>	<b>4</b>
<b>D.W. Winnicott.....</b>	<b>6</b>
<b>Fairbairn &amp; Guntrip.....</b>	<b>7</b>
<b>Melanie Klein .....</b>	<b>8</b>
<b>Sullivan, the Interpersonalists &amp; the Relationists.....</b>	<b>9</b>
<b>Gender, Sexual Orientation &amp; Sexuality .....</b>	<b>10</b>
<b>John Bowlby &amp; Attachment Theory .....</b>	<b>10</b>

**Freud and Beyond, eds. Margaret Black and Stephen Mitchell (1995)**

We recommend for all CTP students that they acquire and read this book. It is a series of essays offering an interesting and informative overview of the theorists who have contributed significantly to the psychodynamic/psychoanalytic tradition. It covers almost every theorist we study in the Foundation Phase lecture series. Highly recommended; available at Caversham.

## **Pre-Freudian Psychodynamic Psychotherapy**

### **FDN-001-PFPP**

#### **Required Texts for the Course:**

Crabtree, Adam. 1993. From Mesmer to Freud: Magnetic Sleep and the Roots of Psychological Healing. New Haven: Yale University Press.

Available at Cavershams (some copies are available thru the CTP Library)

#### **Required Readings In dropbox**

YouTube interviews with me:

<https://www.youtube.com/watch?v=UT5YFY-OrMo>

<https://www.youtube.com/watch?v=tnX5tGrszFg>

<https://www.youtube.com/watch?v=WF8jvntb838>

#### **Recommended Readings:**

Ellenberger, Henri. 1970. The Discovery of the Unconscious. New York: Basic Books.

Gauld, Alan. 1992. A History of Hypnotism. Cambridge: Cambridge University Press.

## Sigmund Freud – Part 1

FDN-001-SF

**Lecturers: Kristin Casady & Sharon Bedard**

**These texts will carry you through the two years of the lecture cycle, although additional specific readings for each year vary. These are laid out and available in Dropbox each year.**

Freud, Sigmund. (2003) An Outline of Psychoanalysis (NPF) Read “An Outline of Psychoanalysis”. Part 1, 2, 3

Freud, Sigmund. (2003) Beyond the Pleasure Principle (NPF) Read “Remembering Repeating and Working Through”.

Freud, Sigmund (2006) The Psychology of Love (NPF). Read “Fragment of an Analysis of Hysteria”. (Dora)

Freud, Sigmund (2002). Wild Analysis. (NPF)

Freud, Sigmund (2006). Interpreting Dreams. (NPL)

Lear, Jonathan. (2005) Freud

Freud, Sigmund and Josef Breuer (2004). Studies in Hysteria (NPF) Read Parts I “On the Psychological Mechanisms Of Hysterical Phenomena”., II "Case Histories" and IV "On the Psychotherapy of Hysteria".

Please Note: Optional Resources to Consider Purchasing :

Laplanche, L. & J-B Pontalis. The Language of Psychoanalysis.  
Karnac Books, 1988.

\* This text can be particularly helpful with preparing for the Freud Oral.

Ed. Moore, B. & Fine, B. Psychoanalytic Terms & Concepts.  
The American Psychanalytic Association, 1990.

\* An equally useful text for preparing for the Freud Oral

Note As Well:

Additional and specific lecture readings, handouts, optional readings and web links will be clearly designated in the DropBox folder during the summer and certainly by **September 3rd**. There will be a reading list set out for each of the lectures in this cycle. Please consult these

readings as they appear well in advance of each lecture. [All Additional Readings will be Available in Dropbox – other than the above, no additional purchases will be required]

You will note that there is often a Required and an Optional reading folder for each lecture section. You are responsible for reading any Required articles in addition to the Main Freud readings. Any other required readings outside of the texts you are asked to purchase, will be made available in Dropbox. Optional readings are meant to be an additional resource and are for your interest only. Where possible, these will also be available in Dropbox.

We are recommending the New Penguin Freud texts because of the excellent translation into contemporary English. However, the standard edition of Freud’s complete works is an invaluable reference and is available on PEP Web

**Please see Dropbox – “CTP Lectures Series Readings” for additional readings**

## **D.W. Winnicott**

### **FDN-001-WINN**

The Winnicott readings will be found in the Dropbox for the Winnicott lecture series, with one exception. Students are asked to purchase the following at Caversham:

Winnicott, D. W., *Playing and Reality*. Routledge, London, 1971

## **Fairbairn & Guntrip**

### **FDN-001-FG**

The Lecturer will post the required and optional readings in Dropbox - no texts need to be purchased. Any film the students should watch will also be listed in Dropbox. The Lecturer will ensure that copies of the film are available in the CTP Library, and, these films will be also available through online sources and/or the Toronto Public Library. These will be added to the Dropbox Folder 3-6 weeks prior to the lecture.

## Melanie Klein

**FDN-001-MK**

**Handouts will be available in the Foundation Dropbox or on PEPweb**

### **Required reading Lecture 1**

1. Handout: Janet Sayers, “Melanie Klein” Section V, in Mothers Psychoanalysis, Norton & co. New York
2. Handout: Glossary of Terms, pp. 125-128, Introduction to the Work of Melanie Klein, Hannah Segal

Recommended Reading:

Pepweb: “Melanie Klein and Mothering – A Feminist Perspective”, Janet Sayers, 1989  
(Find under J. Sayers, # 5)

<http://latw.nfshost.com/wp2/?p=196> The play, Mrs. Klein, by Nicholas Wright (audio only)

<http://www.melanie-klein-trust.org.uk/audiovisual>

### **Required reading Lecture 2**

1. Pepweb, Melanie Klein, “Notes on Some Schizoid Mechanisms”, (1946)
2. Handout: Hannah Segal, Introduction to the Work of Melanie Klein, Chapter 3, “The Paranoid Schizoid Position”, p. 24-38
3. Handout: Hannah Segal, Introduction to the Work of Melanie Klein, Chapter 6, The Depressive Position

### **Required reading Lecture 3**

1. Handout: Hannah Segal, Introduction to the Work of Melanie Klein, Chapter 6, The Depressive Position (again)
2. Pepweb: Thomas Ogden, (1979) “On Projective Identification”, The International Journal of Psychoanalysis, 60: 357-373

SPECIAL NOTE: Some people find Melanie’s Klein work easy to read, some find it difficult. For those who find it difficult I’m recommending that you read the two chapters by Hannah Segal first and then read Klein’s “Notes on Some Schizoid Mechanisms” – this paper is extremely important. Please take your time with it.



## Sullivan, the Interpersonalists & the Relationists

**FDN-001-SIR**

### Required Texts:

Evans, F.B. (1996), **Harry Stack Sullivan: Interpersonal Theory and Psychotherapy**, New York, Routledge

**Available at Cavershams**

Mitchell, Stephen A. (1988). **Relational Concepts in Psychoanalysis**. Cambridge, Mass.: Harvard University Press.

**Available at Cavershams**

### **Reading List – Lecture 1**

Evans, F.B. (1996), **Harry Stack Sullivan: Interpersonal Theory and Psychotherapy**, New York, Routledge

Strongly Recommended

- 1.Sullivan, H.S. (1953), *The Interpersonal theory of Psychiatry*. New York, W.W. Norton
- 2.Sullivan, H.S. (1954), *The Psychiatric Interview*. New York, W.W. Norton
- 3.Perry, H. (1982). *Psychiatrist of America: The Life of Harry Stack Sullivan* (excellent biography)

### **Readings for Lectures 2 & 3**

(S. Mitchell et.al.)

Mitchell, Stephen A. (1988). **Relational Concepts in Psychoanalysis**. Cambridge, Mass.: Harvard University Press.

Read as much as you can of your text,  
Relational Concepts in Psychoanalysis. Using the sheet "Principles/Features of Relational Psychoanalysis" as a guide, concentrate your reading on:

- i) #1(b) - case study of 'John' in Relational Concepts in Psychoanalysis, pp. 212-219.
- ii) #2—dream in Relational Concepts in Psychoanalysis, "Subway", pp 36—40.
- III) #5—the Stravinsky story in Relational Concepts in Psychoanalysis, p. 293.
- iv) #6—case Study, 20 year old student, in Relational Concepts in Psychoanalysis, pp. 271-274.
- v) #8—case Study, 'Sam', in Relational Concepts in Psychoanalysis, pp. 301-305.
- vi) #12—case Study, Woman, 'Dual Controls in Car,' in Relational Concepts in Psychoanalysis, a) pp 278-279, b) pp. 300-301.

## **Gender, Sexual Orientation & Sexuality**

**FDN-001-GSOS**

The Lecturer will post the required and optional readings in Dropbox - no texts need to be purchased. Any film the students should watch will also be listed in Dropbox. The Lecturer will ensure that copies of the film are available in the CTP Library, and, these films will be also available through online sources and/or the Toronto Public Library. These will be added to the Dropbox Folder 3-6 weeks prior to the lecture.

## **John Bowlby & Attachment Theory**

**FDN-001-JBAT**

### **Required Texts for the Course:**

Holmes, Jeremy. (1993). John Bowlby and Attachment Theory. New York: Routledge.  
(paperback)

**Available at Cavershams**

**More readings and more detail for each lecture will be added to the Dropbox in the Fall of 2018.**