

**CTP Concentration/Seminar Reading List 2018-2019**

Contents

Intersubjectivity ..... 2  
    Required text:..... 2  
Aggression ..... 3  
    Required text:..... 3  
Transference & Countertransference ..... 4  
    Required text:..... 4  
CJ Jung..... 8  
    Required viewing:..... 8  
Critical Reflections on Language and Psychotherapy ..... 9  
    Required Texts:..... 9  
Dreams ..... 12  
    Required Texts:..... 12  
Psychodynamic Diagnostic Manual (PDM) ..... 14  
    Required Texts:..... 14

## **Intersubjectivity**

CP-002-IS

Required text:

PEPweb or handouts

Readings are not assigned in advance. The first reading and film choice will be sent during early August along with a film choice. The Article will be placed in Dropbox. Additional readings will be placed in Dropbox well in advance of the next seminar and the seminar presenter will send an outline and a film choice (if any) the week prior to their seminar presentation. No text is required as all articles are digital. All films will be available through one of the following: The Toronto Public Library, Kanopy or iTunes.

---

**Aggression**  
TT-003-AGG

Required text:  
PEPweb or handouts

Readings are not assigned in advance. The first reading and film choice will be sent during early August along with a film choice. The Article will be placed in Dropbox. Additional readings will be placed in Dropbox well in advance of the next seminar and the seminar presenter will send an outline and a film choice (if any) the week prior to their seminar presentation. No text is required as all articles are digital. All films will be available through one of the following: The Toronto Public Library, Kanopy or iTunes

## **Transference & Countertransference**

CP-002-TCT

Required text:

Esman, Aaron, ed., *Essential Papers on Transference*, New York University Press, 1990 (EPT)

Reading List

Required text: Esman, Aaron, ed., **Essential Papers on Transference**, New York University Press, 1990 (EPT)

Articles from Pepweb (Psychoanalytic Electronic Publishing) All students are registered on Pepweb. Copied material handed out to students.

**See detailed information below about specific chapters from the required text, articles from Pepweb and copied material for hand outs.**

Recommended reading:

1. Jonathan Lear, **Freud**, chapter 4, “Transference”, (**handout**)

Required reading:

1. Betty Joseph, “Transference: The Total Situation”, (**pepweb**)
2. Melanie Klein, “The Origins of Transference”, chapter 15, (EPT)
3. Thomas Ogden, “Comments on Transference and Countertransference in the Initial Analytic Meeting”, 1992, *Psychoanalytic Inquiry*, 12: 225 - 247 (**pepweb**)

Recommended reading:

1. Heinrich Racker, **Transference and Countertransference**, chapters 3, pp. 71-78 & chapter 4 pp. 79 – 104 (**pepweb**)
2. James Strachey, “The Nature of the Therapeutic Action of Psychoanalysis”, chapter 4, (EPT)

### Required reading

1. Brian Bird, “Notes on Transference: Universal Phenomenon and the Hardest Part of the Analysis”, chapter 20, (EPT)
2. Merton Gill, “The Analysis of the Transference”, chapter 21 (EPT)
3. R. Greenson, **The Technique and Practice of Psychoanalysis, vol. 1**, “The Positive and Negative Transference” (**handout**)

### Recommended Reading

1. Henry Smith, “Analysis of Transference: a North American Perspective”, (**pepweb**, International Journal of Psychoanalysis, 2003, 84: 1017-1041
2. R. Greenson, “The Working Alliance and the Transference Neurosis”, chapter 11, (EPT)

### Required reading:

1. S. Freud, “Observations on Transference-Love”, chapter 3, (EPT)
2. Definition of the Oedipus Complex, **Psychoanalytic Terms & Concepts**, Fine and Moore eds. (**handout**)
3. Ethel Person, “The Erotic Transference in Women and in Men: Differences and Consequences”, The Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry, 1985, 13: 159 – 180, (**pepweb**)
4. Harold Blum, “The Concept of Erotized Transference”, Journal of the American Psychoanalytic Association, 1973, 21: 61-76, (**pepweb**)

### Required reading

1. E. Wolf, **Treating the Self**, chapter 10, “Selfobject Transference”, (**handout**)
2. Sandler & Sandler, “The Past Unconscious, the Present Unconscious, and Interpretation of the Transference”, 1994, *the first four pages*, Psychoanalytic Inquiry, 4: 367 - 339(**pepweb**)

### Recommended Reading:

1. Otto Kernberg, “An Ego Psychology – Object Relations Theory Approach to the Transference”, chapter 28, (EPT)
2. H. Kohut, “The Psychoanalytic Treatment of Narcissistic Personality Disorders: Outline of a Systematic Approach”, chapter 26, (EPT)
3. C. Bollas, **Forces of Destiny**, The Destiny Drive, pp. 24-31, (**handout**)

## Countertransference

### Required reading

1. L. Epstein and A. Feiner, **Countertransference: The Therapist's Contribution to Treatment, Overview**, Contemporary Psychoanalysis, 15: 489 - 513 (**pepweb**)
2. S. Freud, "Recommendations to Physicians Practicing Psychoanalysis", S.E. XII, pp. 109 – 120 (**pepweb**)
3. Paula Heimann, "On Countertransference", International Journal of Psychoanalysis, 1950, 31: 81-84 (**pepweb**)

### Required reading

1. Joseph Sandler, Countertransference and Role Responsiveness, International Review of Psychoanalysis, 1976, 3:43-47, (**pepweb**)
2. Hirsch, "The Concept of Enactment and Theoretical Convergence", 1998 Psychoanalytic Quarterly, 67: 78 - 101(**pepweb**)
3. Theodore Jacobs, "On Misreading and Misleading Patients: Some Reflections on Communications, Miscommunications and Countertransference Enactments" 2001, International Journal of Psychoanalysis, 82: 653 - 669 (**pepweb**)

### Recommended reading

1. O. Kernberg, "Love in the Analytic Setting", Journal of the American Psychoanalytic Association, 1994, 42: 1137 – 1157 (**pepweb**)
2. C. Bollas, "Freudian Intersubjectivity: Commentary on Paper by Julie Gerhardt and Annie Sweetnam", Psychoanalytic Dialogues, 2001, 11: 93-105 (**pepweb**)

### Required Reading:

1. D.W. Winnicott, **Through Paediatrics to Psychoanalysis**, "Hate in the Countertransference", chapter XV, 1949 (**pepweb**)
2. G. Gabbard, "Technical Approaches to Transference Hate in the Analysis of Borderline Patients", International Journal of Psychoanalysis, 1991, 72:625 – 636, (**pepweb**)
3. Harold Searles, **Countertransference and Related Subjects**, chapter 5, The "Dedicated Physician" in the Field of Psychotherapy and Psychoanalysis (**handout**)

Recommended Reading:

1. T. Ogden, “Analyzing Forms of Aliveness and Deadness of the Transference – Countertransference”, *International Journal of Psychoanalysis*, 76: 695 - 709 (**pepweb**)
2. L. Epstein and A. Feiner, “The Therapeutic Function of Hate in the Countertransference”, *Contemporary Psychoanalysis*, 13:442 - 460 (**pepweb**)

Required reading

1. C. Bollas, “Expressive Uses of the Countertransference: notes to the patient from oneself”, *Contemporary Psychoanalysis* 19: 1 - 33, 1983 (**pepweb**)
2. Harold Searles, **Countertransference and Related Subjects**, chapter 2, “Feelings of Guilt in the Psychoanalyst, (**handout**)
3. C. Bollas, **The Shadow of the Object**, chapter 13, “Self Analysis and the Countertransference”, (**handout**)

Recommended Reading

1. H. Racker, **Transference and Countertransference**, chapter 6, “The Meaning and Uses of Countertransference”, (**pepweb**)

Required reading:

1. E. Wolf, **Treating the Self**, chapter 11, “Countertransference Issues”, (**handout**)
2. T. Ogden, *The Analytic Third: Working with Intersubjective Clinical Facts*, 2004, *Psychoanalytic Quarterly*, 19: 1 - 33 (**pepweb**)

## **CJ Jung**

CP-002-CJJ

Required viewing:

<https://www.youtube.com/watch?v=oziygrxfH1k> (Jung and Van der Post)

<https://www.youtube.com/watch?v=Vl7CXyIe7Jk> (Van der Post on Jung)

<https://www.youtube.com/watch?v=Ed3vPb9bmcw> (A Matter of Heart)

[https://www.youtube.com/watch?v=xK2Uv-82z\\_M](https://www.youtube.com/watch?v=xK2Uv-82z_M) (BBC Interview of Jung)

<https://www.youtube.com/watch?v=oWFWrKXAEPk> (Jung 1957 Interview)

<https://www.youtube.com/watch?v=Oy-x7BLIBYg> (Red Book)



## **Critical Reflections on Language and Psychotherapy**

TT-003-CRLP

### Required Texts:

Henri Ellenberger, *The Discovery of the Unconscious: the history and evolution of dynamic psychiatry* (New York: Basic Books, 1970)

### Required Reading:

Henri Ellenberger, *The Discovery of the Unconscious: the history and evolution of dynamic psychiatry* (New York: Basic Books, 1970)

### References and selections:

Lou Agosta, *A Rumor of Empathy: rewriting empathy in the context of philosophy*

(New York: Palgrave MacMillan, 2014)

William P. Alston, *Emotion and Feeling: pp 479-486, Vol.2, The Encyclopedia of Philosophy*, Paul Edwards editor (New York: MacMillan and The Free Press, 1967)

G.E.M. Anscombe, *Intention* (Ithaca: Cornell University Press, 1963)

Sarah Blaffer Hrdy, *Mothers and Others: the evolutionary origins of mutual understanding* (Cambridge Mass: Belknap Press of Harvard University Press( 2009)

Sidney Bloch, Stephen A. Green and Jeremy Holmes (editors), *Psychiatry: Past, Present and Prospect* (Oxford: University Press, 2014)

Rene Girard, *I See Satan Falling Like Lightning*, translated with preface by James G. Williams (Maryknoll, N.Y. Orbis Books, 2001)

R.D Hinshelwood, *A Dictionary of Kleinian Thought* (London: Free Association Books, 1991)

R.F.Hobson, *Forms of Feeling: the heart of psychotherapy* (London: Routledge, 1985)

Russell Jacoby, *Social Amnesia: a critique of conformist psychology from Adler to Laing* ( Boston: Beacon Press, 1975)

John P.A. Ioannidis, “Why Most Published Research Findings Are False”

<http://journals.plos.org/plosmedicine/article?id=10.1371/journal.pmed.0020124>

Anthony Kenny, *Action, Emotion and Will* (London: Routledge and Kegan Paul, 1963)

Robert Michels, "The Next Hundred Years in Psychiatry". Lecture (2010) accessed at [https://www.youtube.com/results?search\\_query=robert+michels](https://www.youtube.com/results?search_query=robert+michels) . Robert Michels, "Psychoanalysts' Theories", unpublished paper.

Philip McKenna, "The Moral Journey Implicit in Doing Psychotherapy". Paper accessed at <https://ctp.academia.edu/philipmckenna>

Philip McKenna, "Being and Beings" Post accessed at

<https://ctp.academia.edu/philipmckenna>

J. Laplanche and J.B. Pontalis, *The Language of Psycho-analysis*, trans. Donald Nicholson-Smith (N.Y., London: W.W. Norton and Co. , 1973)

Adam Phillips, "Against Self Criticism" in the London Review of Books accessed at

<http://www.lrb.co.uk/v37/n05/adam-phillips/against-self-criticism>

Paul Ricoeur, *The Symbolism of Evil*, translated from the French by Emerson Buchanan (New York: Harper and Row, 1967)

Paul Ricoeur, *Freud and Philosophy, an essay in interpretation*, translated by Denis Savage (New Haven and London: Yale University Press, 1970)

David Tracy, *Plurality and Ambiguity: hermeneutics, religion, hope* (San Francisco: Harper and Row, 1987)

Elisabeth Young-Bruehl, *Subject to Biography: psychoanalysis, feminism, and writing women's lives* (Cambridge Mass. and London: Harvard University Press, 1998)

Raymond Williams, *Keywords: a vocabulary of culture and society* (London: Fontana Press-an imprint of Harper Collins Publishers, 1983)

References and selections:

Elizabeth Bott Spillius et al, *The New Dictionary of Kleinian Thought* (London: Routledge, 2011)

Dylan Evans, *An Introductory Dictionary of Lacanian Psychoanalysis* (London: Routledge 1996)

John P.A. Ioannidis, "Why Most Published Research Findings Are False"

<http://journals.plos.org/plosmedicine/article?id=10.1371/journal.pmed.0020124>

Arabella Kurtz & J. M. Coetzee, *The Good Story: Exchanges on Truth, Fiction and Psychotherapy* (London: Vintage 2015)

J. Laplanche and J.B. Pontalis, *The Language of Psycho-analysis*, trans. Donald Nicholson-Smith (N.Y., London: W.W. Norton and Co. , 1973)

Darian Leader, *What is Madness?* (London: Hamish Hamilton 2011)

Burness Moore & Bernard Fine, *Psychoanalytic Terms and Concepts* (New Haven: Yale University Press 1990)

Alfred Newman, *Non-Compliance in Winnicott's Words* (New York: NYU Press 1995)

Adam Phillips, "Against Self Criticism" in the *London Review of Books* accessed at <http://www.lrb.co.uk/v37/n05/adam-phillips/against-self-criticism>

Charles Rycroft, *A Critical Dictionary of Psychoanalysis, Second Edition* (London: Puffin Books 1995)  
Raymond Williams, *Keywords: New Edition: a vocabulary of culture and society* (London: Oxford University Press, 2014)

## Dreams

TT-003-DR

Required Texts:

The course is experiential; however, the faculty member may offer theoretical references regarding dreams, dream analysis and related disciplines.

### DREAM SEMINAR SELECTIVE REFERENCES

#### Books

- Freud, Sigmund. (2006). *Interpreting Dreams*. (J. A. Underwood, Trans). Toronto: Penguin Books. (Original work published 1899)
- Jung, Carl. (1969). IV General aspects of dream psychology and On the nature of dreams. In *The Structure and Dynamics of the Psyche* (2nd ed.). Bollingen Series XX. Princeton, N. J.: Princeton University Press.
- Lansky, Melvin Ed. (1992). *Essential Papers on Dreams*. New York: New York University Press.
- Blechner, Mark. (2001). *The Dream Frontier*. Hillsdale, N. J.: The Analytic Press.
- Frayn, Douglas. (2005). *Understanding Your Dreams: A Guide to Self-Awareness*. Toronto: Ash Productions.
- Meltzer, Donald. (1983). *Dream-Life*. Oxford: Clunie Press for The Roland Harris Trust.
- Ogden, Thomas. (2005). *This Art of Psychoanalysis: Dreaming Undreamt Dreams and Interrupted Cries*. New York: Routledge.
- Segal, Hanna. (1991). *Dream, Phantasy and Art*. New York: Routledge.
- Fonagy, Peter, Kachele, H., Leuzinger-Bohleber, M., & Taylor, D. (Eds.). (2012). *The Significance of Dreams: Bridging Clinical and Extraclinical Research in Psychoanalysis*. London: Karnac Books Ltd.

#### Chapters

- Phillips, Adam. (1995). Dreams. In *Terrors and Experts*. (p. 64). Cambridge, Mass.: Harvard University Press.
- Phillips, Adam. (2006). The dream horizon. In *Side Effects*. (p. 107). New York: Harper Perennial.
- Lear, Jonathan. (2005). The interpretation of dreams. In *Freud*. New York: Routledge.

#### Papers

- Aron, Lewis. (1989). Dreams, narrative and the psychoanalytic method. *Contemporary Psychoanalysis*. 25:108.

Aron, Lewis and James Fosshage. (1999). The interpretation of dreams: a Centennial celebration. *Psychoanalytic Dialogues*. 9 (6):721.

Papers: Sand, Rosemarie. Freud and the western dream tradition.

Greenberg, Ramon and Chester Pearlman. *The Interpretation of Dreams: A classic revisited*.

#### Commentaries:

Milton Kramer

Ernest Hartmann (dreams contextualize emotion).

Dream Symposium Series. (2000). *Psychoanalytic Dialogues*. 10(1):89.

Ipp, Hazel. The dreamer and the dream: clinical presentation.

Commentaries:

James Fosshage (organizing function of dreaming),

Edgar Levenson (interpersonal perspective on dreams),

Michael V. Adams (Jungian dream interpretation),

Steven Ellman (dreams, REM sleep and Freud),

Hazel Ipp (Dreaming to different beats: Reply to commentaries).

Special Issue. (2013). *Contemporary Psychoanalysis*. 49(2)

Conference: Dreaming: Psychoanalysis or Neurobiology?

Lois Oppenheim, Ed. Multiple authors, p. 137.

Panel: Focusing on Clinical Process that Includes a Dream: Different Relational Perspectives.

Atlas, Galit. Eat, pray, dream: contemporary use of dreams in psychoanalysis. p.239.

Commentaries:

Debora A Luepnitz (Lacan),

James Fossage (unconscious organizing activity in context),

Mark Blechner (new ways of conceptualizing & working with dreams),

Galit Atlas' response.

Online

[poets.org/poem-a-day](http://poets.org/poem-a-day)

## **Psychodynamic Diagnostic Manual (PDM)**

CP-004-PDM

Required Texts:

PDM Task Force. (2006), **Psychodynamic Diagnostic Manual**. Silver Spring, MD: Alliance of Psychoanalytic Organizations

Nancy McWilliams **Psychoanalytic Diagnosis**, 2nd edition, The Guilford Press, New York, London, 2011