

CTP TRAINING PROGRAM CONCENTRATIONS

The Centre for Training in Psychotherapy offers in Canada a full program for training psychodynamic psychotherapists

Intersubjectivity

CP-002-IS

CTP Concentration

(30) Hours

Lecturer: Sharon Bedard, RP, BA, BEd, CTP Dipl

Times: Saturdays Monthly 10:00 – 1:30 Beginning in September

Prerequisite:

Enrolment in CTP theory and Practice of Psychotherapy, Clinical Phase¹, TT, Graduate CAPT Member (with Interview)

Course Description

This concentration will follow from the Lecture Series. We will be reading and discussing more closely the writings of the Intersubjectivists, particularly Jessica Benjamin and Thomas Ogden with regard to their theories. However, as Intersubjectivity is an expanding field of thought, we will also be reading a number of contemporary writers as well.

Intersubjectivity is also an experience which I hope the seminar will foster: not only as the experience of learning and understanding the material, but through the manner in which we come together to talk. The therapeutic dialogue is aimed at the illumination of the client's inner world and the exploration of the distinctive structure of meanings that connects the different parts of an individual's world into an intelligible whole. These configurations and patterns of relating organize an individual's experiences in the world of others. This seminar will provide an opportunity to expand those self-reflective skills that are necessary for an Intersubjective stance.

To promote this development students will attempt to speak to each other from an open, respectful and honest way about those aspects of their own idiomatic structures of meaning making and

¹ Students who have finished the Foundation Lecture series but have not applied to the Clinical Phase may apply to the faculty for permission to attend a Concentration.

understanding in order to examine as much as possible the ways in which they view their relational world and how they learn to understand the impact that might have on their clients.

Where possible we will employ the use of films to highlight and demonstrate the key concepts and relational dynamics that we will be learning.