

CTP TRAINING PROGRAM SEMINAR

The Centre for Training in Psychotherapy offers in Canada a full program for training psychodynamic psychotherapists

Critical Reflections on Language and Psychotherapy

TT-003-CRLP

CTP – REQUIRED SEMINAR

(30) Hours

Lecturer: Eric Evans, RP, BMus, CTP Dipl

Location: The Centre for Training in Psychotherapy
316 Dupont St
Toronto, On

Prerequisite:

CTP, TT Phase, in second year of seeing clients – or Graduate

Course Description

This course is typically the last required course before Graduation. Participants must be therapists in supervision, and ordinarily will have several years' experience working as therapists and several years of individual and group supervision.

Course Objectives

The aim of the course is to consider the historical sweep of psychotherapeutic theory and clinical practice in such a way as to encourage the students' mature and reflective practice.

Students are asked to reflect on their own basic beliefs and convictions, and on how their theoretical and clinical studies actually function within them in their work as therapists. This prepares them to work confidently and fairly with multidimensional diversity in their clients.

To balance the abstractness of theory, the students read each week a poem of their own to the class. This experiential component engages the creative and imaginative use of language that is close to the language of therapy sessions.

Each class includes an hour of listening to poems and an hour on select issues in the history of psychotherapy theory.

Each student (1) reads an original poem each week, (2) writes a 4 page essay on a self-chosen word related to psychotherapy, showing the history of the word, its place in theory and adding personal associations, and (3) is encouraged to keep a personal journal (not examined).