# CTP Reading List 2016-2017

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EARLY PSYCHODYNAMIC PSYCHOTHERAPY

Required Texts for the Course:

Required Readings In dropbox

https://www.scientificexploration.org/edgescience/26

Recommended Readings:

Articles in Dropbox – Handouts sub-folder
SIGMUND FREUD

**Required Texts for the Course:**
Available at Cavershams


8) Additional lecture readings, handouts and web links will be placed in the DropBox folder during the summer. Please consult these readings as well.

*Note*: we recommend the New Penguin Freud texts because of the excellent translation into contemporary English. However, the standard edition of Freud’s complete works is an invaluable reference and is available on PEPweb.
DONALD W. WINNICOTT

Required Texts: (Optional purchase) – all texts are available on PEPweb
Available at Cavershams


Lecture 1

Required reading:
1. The Maturational Process and the Facilitating Environment, chapters 3 & 7
2. Playing and Reality, Chapter 9
3. 1 page handout of Wordsworth poem, "Preludes"
4. Essays:
   Through Paediatrics to Psychoanalysis," chapter XXIV, "Primary Maternal Preoccupation",
   and chapter XII, "Primary Emotional Development"
   Thomas Ogden," Reading Winnicott"

All are on pepweb

Lecture 2

Required reading:
1. The Maturational Process and the Facilitating Environment, Chapters 2, 4, 6, 12, 16, 17
2. Essays:
a). Winnicott, Through Paediatrics to Psychoanalysis, Chapter VII, "Reparation in Respect of Mother's Organized Defence Against Depression"
b). "The Value of Depression", (Handout)

All are on PEPweb

Lecture 3

Required reading:
Playing and Reality, Chapter 1-8 concentrate on 1, 3, 4, 5, 6 - On pepweb
This lecture:
1. Continues with the Theory of Development and includes
2. Transitional object and potential space
3. Use of the object
FAIRBAIRN AND GUNTRIP

Fairbairn - Required Texts: (Optional purchase) – all texts are available on PEPweb

Lecture 1

Please watch the movie: Trompe Le Silence (Silence Lies) (Thwarted Silence)

Please Read:


6. Please Review: First Diagram Provided - Endopsychic Structure

7. Please Review: Third Diagram Provided – Dinner Scene for Trompe Le Silence

Background Reading: (Optional)

Fairbairn - Required Texts: (Optional purchase) – all texts are available on PEPweb

Lecture 2

Please watch the movie: Jack Goes Boating

Please Read:


Background Reading: (Optional)


If Time Permits:

I Case Presentation: A Client's Dream
II Short Story: Hatred in a cup of Tea
Guntrip - Required Texts: (Optional purchase) – all texts are available on PEPweb

Lecture 3

Please watch the movie: A Single Man

Please Read:


Background reading: (Optional)


For Extended Interest: (Also Optional)


Melanie Klein

Handouts will be available in the Foundation Dropbox or on PEPweb

Required reading Lecture 1


Recommended Reading:
(Find under J. Sayers, # 5)

http://latw.nfshost.com/wp2/?p=196 The play, Mrs. Klein, by Nicholas Wright (audio only)

http://www.melanie-klein-trust.org.uk/audiovisual

Required reading Lecture 2


3. Handout: Hannah Segal, Introduction to the Work of Melanie Klein, Chapter 6, The Depressive Position

Required reading Lecture 3

1. Handout: Hannah Segal, Introduction to the Work of Melanie Klein, Chapter 6, The Depressive Position (again)


SPECIAL NOTE: Some people find Melanie’s Klein work easy to read, some find it difficult. For those who find it difficult I’m recommending that you read the two chapters by Hannah Segal first and then read Klein’s “Notes on Some Schizoid Mechanisms” – this paper is extremely important. Please take your time with it.
THE INTERPERSONALISTS & THE RELATIONALISTS

Required Texts:
Available at Cavershams

Available at Cavershams

Reading List – Lecture 1

Strongly Recommended

Readings for Lectures 2 & 3
(S. Mitchell et.al.)


Read as much as you can of your text, Relational Concepts in Psychoanalysis. Using the sheet "Principles/Features of Relational Psychoanalysis" as a guide, concentrate your reading on:

i) #1(b) - case study of 'John' in Relational Concepts in Psychoanalysis, pp. 212-219.
III) #5—the Stravinsky story in Relational Concepts in Psychoanalysis, p. 293.
iv) #6—case Study, 20 year old student, in Relational Concepts in Psychoanalysis, pp. 271-274.
v) #8—case Study, 'Sam', in Relational Concepts in Psychoanalysis, pp. 301-305.
vi) #12—case Study, Woman, 'Dual Controls in Car,' in Relational Concepts in Psychoanalysis, a) pp 278-279, b) pp. 300-301.
GENDER SEXUAL ORIENTATION AND SEXUALITY

Handouts will be available in the Foundation Dropbox
(No books required)

While the lectures will generally proceed from a discussion of sexuality to sexual orientation, to gender and then back to sexuality - again; it is actually quite impossible to isolate the discussion as if these are discreet categories. The lecturer will be ranging around and trying to touch on all three as interrelated experiences. The following direction for your readings will be augmented by reference to other theorists during the lecture.

Required Reading Lecture 1

   Available on PEPweb

Recommended – Not Required

   Available on PEPweb
Required Reading Lecture 2


Recommended – Not Required


Required Reading Lecture 2

Recommended – Not Required


Available on PEPweb

**FILMS**

Again, the lecturer will be moving back and forth through several films to highlight various concepts. It is recommend you watch them in roughly this order and hopefully all of them before the second lecture.

American Beauty
Me and You and Everyone We Know
Tomboy

Recommended – Not Required

If you are interested (but not required), the lecturer will also be using short clips from:

Brokeback Mountain
Shortbus
A History of Violence
Ma Vie En Rose

Reading material will be made available prior to the first lecture
JOHN BOWLBY

Required Texts for the Course:

Available at Cavershams

More readings and more detail for each lecture will be added to the Dropbox in the Fall of 2016.