

CTP Reading List 2016-2017

<u>Lecture Name</u>	<u>Page</u>	<u>Course Identifier</u>
Pre-Freudian Psychodynamic Psychotherapy	2	FDN-001-PFPP
Sigmund Freud – Part 2	3	FDN-001-SF
D.W. Winnicott	4	FDN-001-WINN
Fairbairn & Guntrip	5 - 7	FDN-001-FG
Melanie Klein	8	FDN-001-MK
Sullivan, the Interpersonalists & the Relationists	9	FDN-001-SIR
Gender, Sexual Orientation & Sexuality	10 - 11	FDN-001-GSOS
John Bowlby & Attachment Theory	13	FDN-001-JBAT

DRAFT

EARLY PSYCHODYNAMIC PSYCHOTHERAPY

Required Texts for the Course:

Crabtree, Adam. 1993. From Mesmer to Freud: Magnetic Sleep and the Roots of Psychological Healing. New Haven: Yale University Press.

Available at Cavershams

Required Readings In dropbox

Crabtree, Adam. 2003. "Automatism" and the emergence of dynamic psychiatry, Journal of the History of the Behavioral Sciences, 39, 51-70.

Crabtree, Adam. 1985. Mesmerism, divided consciousness, and multiple personality. In Franz Anton Mesmer und die Geschichte des Mesmerismus. Ed. Heinz Schott. Stuttgart: Franz Steiner

<https://www.scientificexploration.org/edgescience/26>

Recommended Readings:

Ellenberger, Henri. 1970. The Discovery of the Unconscious. New York: Basic Books.

Gauld, Alan. 1992. A History of Hypnotism. Cambridge: Cambridge University Press.

Articles in Dropbox – Handouts sub-folder

SIGMUND FREUD

Required Texts for the Course:

Available at Cavershams

- 1) Freud, S. (2003) An Outline of Psychoanalysis. New Penguin Freud (NPF) Edition, Gen. Ed. Adam Phillips
- 2) Freud, S. (2003). Beyond the Pleasure Principle. NPF Edition
- 3) Freud, S. (2006). Psychology of Love. NPF Edition
- 4) Freud, Sigmund & Breuer, Joseph. (2004). Studies In Hysteria. NPF Edition
- 5) Lear, Jonathan. (2005). Freud. New York: Routledge.
- 6) Harrower, David. (2007) "Blackbird"
- 7) **(Optional)** Laplanche, L. & J-B Pontalis. The Language of Psychoanalysis. Karnac books, 1988
- 8) Additional lecture readings, handouts and web links will be placed in the DropBox folder during the summer. Please consult these readings as well.

Note: we recommend the New Penguin Freud texts because of the excellent translation into contemporary English. However, the standard edition of Freud's complete works is an invaluable reference and is available on PEPweb.

DONALD W. WINNICOTT

Required Texts: (Optional purchase) – all texts are available on PEPweb

Available at Cavershams

1. Winnicott, D.W., The Maturation Process and the Facilitating Environment, The Hogarth Press, London, 1965
2. Winnicott, D. W., Through Paediatrics to Psychoanalysis, The Hogarth Press, London, 1987
3. Winnicott, D. W., Playing and Reality, Routledge, London, 1971

Lecture 1

Required reading:

1. The Maturation Process and the Facilitating Environment, chapters 3 & 7
2. Playing and Reality, Chapter 9
3. 1 page handout of Wordsworth poem, "Preludes"
4. Essays:
Through Paediatrics to Psychoanalysis," chapter XXIV, "Primary Maternal Preoccupation",
and chapter XII, "Primary Emotional Development"
Thomas Ogden, "Reading Winnicott"

All are on pepweb

Lecture 2

Required reading:

1. The Maturation Process and the Facilitating Environment, Chapters 2, 4, 6, 12, 16, 17
2. Essays:
 - a). Winnicott, Through Paediatrics to Psychoanalysis, Chapter VII, "Reparation in Respect of Mother's Organized Defence Against Depression"
 - b). "The Value of Depression", (Handout)

All are on PEPweb

Lecture 3

Required reading:

Playing and Reality, Chapter 1-8 concentrate on 1, 3, 4, 5, 6 - On pepweb

This lecture:

1. Continues with the Theory of Development and includes
2. Transitional object and potential space
3. Use of the object

FAIRBAIRN AND GUNTRIP

Fairbairn - Required Texts: (Optional purchase) – all texts are available on PEPweb

Lecture 1

Please watch the movie: Trompe Le Silence (Silence Lies) (Thwarted Silence)

Please Read:

1. Fairbairn, W. R. D. (1996). Endopsychic Structure Considered in Terms of Object Relationships (1944). In *Psychoanalytic Studies of the Personality* (pp. 82-136). London: Routledge.

[Available through PEP Web]

2. Fairbairn, W. R. D. (1958). On the Nature and Aims of the Psycho-analytic Treatment (1958b). In E. F. Birtles & D. Scharff (Eds.), *From Instinct to Self Clinical and Theoretical Papers* (Vol. 2, pp. 74-92). Northvale: Jason Aronson.

[Available through PEP Web]

3. Fairbairn, W. R. D. (1996). The Repression and Return of Bad Objects (1943b). In *Psychoanalytic Studies of the Personality* (pp. 59-81). London: Routledge.

[Available through PEP Web, in a digital copy of his book "Psychoanalytic Studies of the Personality - Chapter 3]

4. Ogden, T. (2012). Why Read Fairbairn? In *Creative Readings Essays on Seminal Analytic Work* (pp. 55-75). London: Routledge.

5. Hughes, J. (1989) Fairbairn's Revision of Libido Theory: The Case of Harry Guntrip. In *Fairbairn and the Origins of Object Relations* (pp. 250-272). London: Guilford Press. Please read pages 250-259.

6. Please Review: First Diagram Provided - Endopsychic Structure

7. Please Review: Third Diagram Provided – Dinner Scene for Trompe Le Silence

Background Reading: (Optional)

A. Beattie, H. (2003). "The Repression and Return of Bad Objects": W.R.D. Fairbairn and the historical roots of theory. *International Journal of Psycho-Analysis*, 84, 1171-1187.

[Available through PEP Web]

Fairbairn - Required Texts: (Optional purchase) – all texts are available on PEPweb

Lecture 2

Please watch the movie: Jack Goes Boating

Please Read:

1. Celani, D. (2010). The Dynamic Relationship Between The Pathological Ego Structures. In Fairbairn's Object Relational Theory in the Clinical Setting (pp. 85-115). New York: Columbia University Press.
2. Ogden, T. (1983). The Concept of Internal Object Relations. International Journal of Psycho-Analysis, 64, 227-241. [Available through PEP Web] Note: This article provides an extremely useful overview of the distinctions between different Object Relations theorists, as well as a clear outline of Fairbairn's Endopsychic Structure.
3. Skolnick, N. (1998). The Good, the Bad, and the Ambivalent Fairbairn's Difficulty in Locating the Good Object in the Endopsychic Structure. In N. Skolnick & D. Scharff (Eds.), Fairbairn Then and Now (pp. 137-159). London: The Analytic Press.
4. Celani, D. (2010). A Fairbairnian Approach to the Therapeutic Relationship. In Fairbairn's Object Relational Theory in the Clinical Setting (pp. 115-151). New York: Columbia University Press.

Background Reading: (Optional)

A. Skolnick, N. (2006). "What's A Good Object To Do?" Psychoanalytic Dialogues, [16](#):1-27. [Available through PEP Web]

If Time Permits:

- I Case Presentation: A Client's Dream
- II Short Story: Hatred in a cup of Tea

Guntrip - Required Texts: (Optional purchase) – all texts are available on PEPweb

Lecture 3

Please watch the movie: A Single Man

Please Read:

1. Guntrip, H. (1992). The Schizoid Personality and the External World (1952). In Schizoid Phenomena, Object Relations and the Self (pp. 17-48). London: Karnac Books.
2. Guntrip, H. (1992). The Schizoid Problem, Regression and the Struggle to Preserve an Ego (1961). In Schizoid Phenomena, Object Relations and the Self (pp. 49-86). London: Karnac Books.
3. Guntrip, H. (1992). The Regressed Ego, The Lost Heart of the Self, and the Inability to Love. In Schizoid Phenomena, Object Relations and the Self (pp. 87-114). London: Karnac Books.
4. Hughes, J. (1989) Fairbairn's Revision of Libido Theory: The Case of Harry Guntrip. In Fairbairn and the Origins of Object Relations (pp.250-272). London: Guilford Press. Please read pages 259-272.
5. Please Review: Second Diagram Provided - Endopsychic Structure – Regressed Ego

Background reading: (Optional)

- A. Guntrip, H. (1992). The Schizoid Compromise and the Psychotherapeutic Stalemate (1963). In Schizoid Phenomena, Object Relations and the Self (pp. 222-309). London: Karnac Books.
- B. Guntrip, H. (1975). Analysis with Fairbairn and Winnicott: (How Complete a Result Does Psycho-Analytic Therapy Achieve?). International Review of Psycho-Analysis, 2, 145-156. [Available through PEP Web] Highly Recommended

For Extended Interest: (Also Optional)

- A. Glatzer, Henriette; Evans, William. (1977) On Guntrip's Analysis with Fairbairn and Winnicott. International Journal of Psychotherapy, 6, 81-98.
- B. Eigen, Michael. (1981) Guntrip's analysis with Winnicott – A Critique of Glatzer and Evans. Contemporary Psychoanalysis, 17, 103-111. [Available through PEP Web]

MELANIE KLEIN

Handouts will be available in the Foundation Dropbox or on PEPweb

Required reading Lecture 1

1. Handout: Janet Sayers, “Melanie Klein” Section V, in Mothers Psychoanalysis, Norton & co. New York
2. Handout: Glossary of Terms, pp. 125-128, Introduction to the Work of Melanie Klein, Hannah Segal

Recommended Reading:

Pepweb: “Melanie Klein and Mothering – A Feminist Perspective”, Janet Sayers, 1989
(Find under J. Sayers, # 5)

<http://latw.nfshost.com/wp2/?p=196> The play, Mrs. Klein, by Nicholas Wright (audio only)

<http://www.melanie-klein-trust.org.uk/audiovisual>

Required reading Lecture 2

1. Pepweb, Melanie Klein, “Notes on Some Schizoid Mechanisms”, (1946)
2. Handout: Hannah Segal, Introduction to the Work of Melanie Klein, Chapter 3, “The Paranoid Schizoid Position”, p. 24-38
3. Handout: Hannah Segal, Introduction to the Work of Melanie Klein, Chapter 6, The Depressive Position

Required reading Lecture 3

1. Handout: Hannah Segal, Introduction to the Work of Melanie Klein, Chapter 6, The Depressive Position (again)
2. Pepweb: Thomas Ogden, (1979) “On Projective Identification”, The International Journal of Psychoanalysis, 60: 357-373

SPECIAL NOTE: Some people find Melanie’s Klein work easy to read, some find it difficult. For those who find it difficult I’m recommending that you read the two chapters by Hannah Segal first and then read Klein’s “Notes on Some Schizoid Mechanisms” – this paper is extremely important. Please take your time with it.

THE INTERPERSONALISTS & THE RELATIONALISTS

Required Texts:

Evans, F.B. (1996), **Harry Stack Sullivan: Interpersonal Theory and Psychotherapy**, New York, Routledge

Available at Cavershams

Mitchell, Stephen A. (1988). **Relational Concepts in Psychoanalysis**. Cambridge, Mass.: Harvard University Press.

Available at Cavershams

Reading List – Lecture 1

Evans, F.B. (1996), **Harry Stack Sullivan: Interpersonal Theory and Psychotherapy**, New York, Routledge

Strongly Recommended

1. Sullivan, H.S. (1953), *The Interpersonal theory of Psychiatry*. New York, W.W. Norton
2. Sullivan, H.S. (1954), *The Psychiatric Interview*. New York, W.W. Norton
3. Perry, H. (1982). *Psychiatrist of America: The Life of Harry Stack Sullivan* (excellent biography)

Readings for Lectures 2 & 3

(S. Mitchell et.al.)

Mitchell, Stephen A. (1988). **Relational Concepts in Psychoanalysis**. Cambridge, Mass.: Harvard University Press.

Read as much as you can of your text, *Relational Concepts in Psychoanalysis*. Using the sheet "Principles/Features of Relational Psychoanalysis" as a guide, concentrate your reading on:

- i) #1(b) - case study of 'John' in *Relational Concepts in Psychoanalysis*, pp. 212-219.
- ii) #2—dream in *Relational Concepts in Psychoanalysis*, "Subway", pp 36—40.
- III) #5—the Stravinsky story in *Relational Concepts in Psychoanalysis*, p. 293.
- iv) #6—case Study, 20 year old student, in *Relational Concepts in Psychoanalysis*, pp. 271-274.
- v) #8—case Study, 'Sam', in *Relational Concepts in Psychoanalysis*, pp. 301-305.
- vi) #12—case Study, Woman, 'Dual Controls in Car,' in *Relational Concepts in Psychoanalysis*, a) pp 278-279, b) pp. 300-301.

GENDER SEXUAL ORIENTATION AND SEXUALITY

Handouts will be available in the Foundation Dropbox
(No books required)

While the lectures will generally proceed from a discussion of sexuality to sexual orientation, to gender and then back to sexuality - again; it is actually quite impossible to isolate the discussion as if these are discreet categories. The lecturer will be ranging around and trying to touch on all three as interrelated experiences. The following direction for your readings will be augmented by reference to other theorists during the lecture.

Required Reading Lecture 1

1. Bedard, S. (2015). *An Outline of Psychosexual Development* (pp.1-6)
2. Corbett, K. (2009). Introduction. From: *Boyhoods Rethinking Masculinities*. (pp.1-16)
3. Harris, A. (2005). Tomboys' Stories. From: *Gender as Soft Assembly*. (pp. 131-153)
4. McWilliams, N. (1996). *Therapy across the Sexual Orientation Boundary*. *Gender and Psychoanalysis*, 1(2), 203-221.
Available on PEPweb

Recommended – Not Required

5. Cornell, W. (2009). *An Eruption of Erotic Vitality Between a Male Analyst and a Male Patient*. In B. Reis & R. Grossman (Eds.), *Heterosexual Masculinities: Contemporary Perspectives from Psychoanalytic Gender Theory*.
6. Bollas, C. (2000). Wording and Telling Sexuality. In *Hysteria* (pp. 158-166). London: Routledge.
7. Diamond, D. (1993). The Paternal Transference : A Bridge to the Erotic Oedipal Transference. *Psychoanalytic Inquiry*, 13, 206-225.
Available on PEPweb

Required Reading Lecture 2

1. Harris, A. (1991). Gender As Contradiction. *Psychoanalytic Dialogues, 1*(2), 197-224. AVAILABLE ON PEP WEB
2. Bollas, C. (2000). In the beginning is the mother. In *Hysteria* (pp. 41-60). London: Routledge.
3. Magee, M., & Miller, D. (2002). What Sex Is an Amaryllis? What Gender Is Lesbian?: Looking for Something to Hold It All. In M. Dimen & V. Goldner (Eds.), *Gender in Psychoanalytic Space Between Clinic and Culture*.
Available on PEPweb

Recommended – Not Required

4. Benjamin, J. (1991). Father and daughter: Identification with difference - a contribution to gender heterodoxy. *Psychoanalytic Dialogues, 1*(3), 277- 299.
Available on PEPweb
5. Benjamin, J. (2002). Sameness and difference: Toward an "Overinclusive" Model of Gender Development. *Psychoanalytic Inquiry 15* 125-142.
Available on PEPweb
6. Elise, D. (2002). The Primary Maternal Oedipal Situation and Female Homoerotic Desire. *Psychoanalytic Inquiry, 22*, 209-228.
Available on PEPweb
7. Elise, D. (1997). Primary Femininity, Bisexuality, And The Female Ego Ideal: A Re-Examination Of Female Developmental Theory. *Psychoanalytic Quarterly, 66*, 489-517.
Available on PEPweb

Required Reading Lecture 2

1. Bedard, S. (Revised 2015) *Rivers and Streams: A Historical Overview and Introduction to Sexual Orientation*.
2. Davies, J.M. (1998). Between the Disclosure and Foreclosure of Erotic Transference-Countertransference Can Psychoanalysis Find a Place for Adult Sexuality? *Psychoanalytic Dialogues, 8*(6), 747-766.
Available on PEPweb

Recommended – Not Required

3. Davies, J. M. (2006). The Times We Sizzle, and the Times We Sigh: The Multiple Erotics of Arousal, Anticipation and Release. *Psychoanalytic Dialogues*, 16(6), 665-686.
Available on PEPweb

FILMS

Again, the lecturer will be moving back and forth through several films to highlight various concepts. It is recommend you watch them in roughly this order and hopefully all of them before the second lecture.

American Beauty
Me and You and Everyone We Know
Tomboy

Recommended – Not Required

If you are interested (but not required), the lecturer will also be using short clips from:

Brokeback Mountain
Shortbus
A History of Violence
Ma Vie En Rose

Reading material will be made available prior to the first lecture

JOHN BOWLBY

Required Texts for the Course:

Holmes, Jeremy. (1993). John Bowlby and Attachment Theory. New York: Routledge. (paperback)
[Available at Cavershams](#)

More readings and more detail for each lecture will be added to the Dropbox in the Fall of 2016.

DRAFT