

Authentic Movement		TIS-003-AM
Seminar Series	30 Hours	2016 - 2017
Lecturer	Anna Binswanger-Healy	OFFICE USE
Prerequisite:	TIS or Graduate, (CAPT Member with Interview) Monday Weekly, 3:30 a.m. to 5:30 Start Jan/2017	Course Fee \$1125
Course Description	<p>“Movement never lies . . . it is a barometer telling the state of the soul’s weather to all who can read it.” (Martha Graham)</p> <p>Authentic movement is about the relationship between one or more people moving - with eyes closed - and one or more persons witnessing the movement. It is about seeing and being seen. There are no directions given. A potential freedom is offered, similar to free association in a psychoanalytic process. The attention is focused on one's bodily experience - following its impulses, letting happen whatever arises from within. This includes - to varying degrees - feelings, images, thoughts, fantasies, memories, sounds, language. An attitude of inner openness, concentration and patience is called forth and develops over time</p> <p>To apply please e-mail PhilCTP@rogers.com</p> <p>For more information please see http://ctp.net/concentrations-seminars</p>	