

CTP Concentrations & Clinical Seminars 2013-14

Concentrations:

D. W. Winnicott: Peter Dales

Starting date: Saturday, September 21, 2013

Time: Once a month on Saturdays from 10:00a.m.-1:30p.m.

Place: 123 Admiral Road

After a review (2 classes) of Winnicott's developmental theory, this concentration is an intensive examination of several special topics, eg. "The True and False Self", "The Anti-Social Tendency", "Transitional Objects, Potential Space and the Use of an Object", "Winnicott's Contribution to the Notion of Creativity", etc. The two required texts mentioned below serve as a launching pad into many other writings by Winnicott and others. Students present the "special topics".

Required texts (These are available on PEPWeb):

Winnicott, D. W., **The Maturational Processes and the Facilitating Environment**, International Universities Press Inc., New York, 1965

Winnicott, D. W., **Playing and Reality**, Routledge, London and New York, 1971

Additional copied material to be handed out.

This concentration is intended for students in the clinical phase of the program.

*This concentration is open to CAPT members.

Note: In addition to the books noted above, the following books by Winnicott are available on PEPWeb: *The Piggle*, *Through Paediatrics to Psychoanalysis*, *Therapeutic Consultations in Child Psychiatry*, and *Holding and Interpretation*. Also available is *The Spontaneous Gesture: Selected Letters of D.W. Winnicott* by F.Robert Rodman.

Fairbairn and Guntrip, and Contemporary Developments of Their Theories: Sharon Bedard

Starting date: TBC

Time: Once a month on Saturdays, usually 10:30a.m.-2:00p.m.

Place: TBC

We will start by reading a small selection of Fairbairn's papers. The primary focus of this will be to understand the clinical application of Fairbairn's original metapsychology as developed through his endopsychic structure. We will then read one of Guntrip's papers with a particular focus on his development and alteration of Fairbairn's theory and his contribution to understanding the passive regressed ego.

Once we are comfortable with these basic concepts we will turn to more contemporary writers to see the current application of these theories. These are my thoughts in progress; my ideas for the seminar are still under construction. If you have any questions please feel free to contact me at: 416-631-4226 or sbedard-1@rogers.com. There will be a variety of articles made available about mid-summer.

Embodied Conversation: Merleau-Ponty, Gadamer and Clinical Practice: Cathleen Hoskins

Starting date: Thursday, Sept. 12, 2013

Time: 10:30am-12:00 noon

Place: Room A, The Centre

Maurice Merleau-Ponty's phenomenology of human embodiment and Hans-Georg Gadamer's exploration of human conversation provide natural intertwines with the clinical practice of psychotherapy. Taken together, these two thinkers animate a wide range of psychotherapeutic issues, including intersubjectivity, empathy, nonverbal communication, dialogic understanding, interpretation, transference, symbolization and crucial concerns of listening and language.

In this seminar we will combine slow, careful reading together of foundational texts with ongoing discussion of related clinical matters. The seminar will meet 1.5 hours weekly for 20 weeks. For the first 10 meetings, we will read together from Merleau-Ponty's *Phenomenology of Perception* (1945); for the second 10 meetings, from Gadamer's *Truth and Method* (1960). We will be using the 2012 Donald Landes translation of the Merleau-Ponty text and the 2004 (reprinted in 2006) edition of the Gadamer. A natural continuation of my seminar, "The Hermeneutics of Trust", this course also offers a solid introduction to hermeneutic phenomenology and will deepen students' involvement with Donna Orange's writings on that topic.

***Open to all CTP therapists working under supervision and graduates.**

The Erotics of Sexuality: Thinking About the Experience of Sexuality in Our Practice and in our Self as Psychotherapists:
Sharon Bedard

Starting date: TBC

Time: Either Saturday or Sunday each month from 10:00a.m.-1:30p.m.

Place: TBC

We will read and use a variety of theorists to begin the exploration of how our client's erotic life presents itself within the therapeutic dialogue. Working from a basic premise of intersubjectivity, we will also be exploring the erotic life and responses of the therapist as well. Erotic life is a much larger and differentiated perspective from a strictly sexual exploration.

Erotic may be loosely defined as our imaginative and excited way of engaging with the world, and the world of others. It is understood as experiences of vitality, and moments of felt deadness.

It is not necessary to have taken the Sexuality, Gender and Sexual Orientation concentration in order to participate in this seminar.

***This seminar is open to therapists-in-supervision and graduates.** Students in the Clinical phase are welcome to meet with me if they are interested in this course.

***This seminar is open to CAPT members after an initial interview.** If you have any questions please contact me at 416-631-4226 or sbedard-1@rogers.com.

Transference and Countertransference: Peter and Judy Dales

Starting date: Wednesday, September 18, 2013

Time: Third Wednesday of every month, 6:45-9:45p.m.

Place: 123 Admiral Rd.

It is a given that the twin concepts of transference and countertransference are fundamental to the psychoanalytical method. It is true also that both of these concepts have undergone an evolution of understanding throughout the twentieth century and are still subject to various, sometimes elusive and confusing definition.

This course will concentrate on a selection of major texts from the psychoanalytic tradition (from Freud to the interpersonalists and relationalists) in an attempt to familiarize the student with that tradition and to help clarify each person's own understanding of the nature and interdependence of transference and countertransference. To this end, clinical material from one's own work will be welcome.

Required Text:

Esman, Aaron, ed., **Essential Papers on Transference**, New York University Press, 1990

Additional copied material to be handed out.

This seminar is intended for students in the clinical phase of the program, and for graduates.

***This seminar is open to CAPT members.**