

Seminar

The Erotics of Sexuality: Thinking About the Experience of Sexuality in Our Practice and in our Self as Psychotherapists: Sharon Bedard

Starting date: TBC

Day: One Saturday each month

Time: TBC

Place: TBC - size of seminar permitting - we will meet in my home

This seminar differs from the seminar on Gender, Sexual Orientation and Sexuality - which is aligned with the lecture series. It is not necessary to have taken the other seminar in order to participate in this one.

We will be focusing on a paper by Jody Messler Davies: "The Times We Sizzle, and the Times We Sigh" as our way of opening a discussion on the development and exploration of sexuality in our work with our clients. Davies is exceptional in her candor and willingness to look at both transference and counter-transference in her own experience. Our discussions will include specifically looking at the experience of the therapist responding to both transferences and their own counter-transferences. There are several papers by Davies that we might also consider.

In addition to her writing there will be other papers that we will be reading that examine the various dimensions of sexual development as it appears in sessions.

We will also where possible employ the use of films as our own creative effort to enliven our understanding and develop our uses of these theories.

This seminar is open to anyone accepted into supervision and anticipating their work with clients or currently seeing clients.

*This seminar is open to CAPT members after an initial interview.

A reading list will be provided during the summer. If you have any questions, please contact me at 416-631-4226 or sbedard-1@rogers.com.